

## **HEALTH CAMP**

The NSS Unit, Zoology Department and the Anti - Tobacco Committee of Kalindi College organised a Health Awareness Camp on February 28, 2017. The cardinal event was graced by Captain Parminder Sehgal, Deputy Proctor and NSS - NCC Programme Coordinator, University of Delhi as Chief Guest. Captain Parminder Sehgal adulated the NSS Unit of Kalindi College for their zealous participation and incessant contribution in the National Service Scheme pursuit. The Health Camp was an Awareness Campaign with the intention to bequeath bonafide consciousness on the subjects of Cancer and Narcotics, and Polycystic Ovary Syndrome PCOS.

In regard to the concerns, the day observed medical experts as Guest of Honours, Dr. R.K. Chaudhary - Metro Hospital, Dr. Tapaswini Pradhan - BLK Super Speciality Hospital, Dr. Nidhi Khera - Apollo Hospital and Dr. Prachi Renjhen - Babasaheb Ambedkar Medical College and Hospital. Dr. R.K. Chaudhary conducted a communicative lecture about the Narcotics and Tumours, and accentuated on how youth fall prey to the addictive influence of Drugs. In confluence, Dr. Tapaswini Pradhan involved into an intense critique of the Cancer causing Tobacco Study. With her notable research in this genre, she pronounced a more comprehensive picture of this situation.

Furthermore, Dr. Nidhi Khera and Dr. Prachi Renjhen discoursed about PCOS with great specifications. They enacted a Patient - Doctor tête-à-tête to make the young girls aware of their Reproductive Health.

The Health Camp also comprised of free health check up, subsidized Hepatitis-B vaccination and Blood Donation Camp. The students, faculty, and non-teaching staff availed the opportunity of having free heart check up by Metro Hospital including random blood sugar test, Blood pressure check, and ECG wherever required. The students also conversed with Dr. Nidhi Khera and Dr. Prachi Renjhen for PCOS symptoms. Further, many students and faculty also contributed to the blood donation camp. Therefore, the event was of great student welfare.